Te Karere

Rai Valley Area School News



Wednesday 23rd September 2020

Kia ora koutou

I think Mrs Davies summed up the situation perfectly when she observed how our change of COVID levels couldn't be more perfectly timed. It was fantastic to see the turn out for the production and we are all proud of the show the students put on. An obvious big "thank you" to all the Primary staff, Support staff and Mrs Davies for the work they put into the show and the determination to get it in front of an audience. It was a lovely way to wind up the term.

Tuesday turned out to be a busy day. In the morning we had a speaker from Attitude delivery important health and wellbeing messages to our Year 7-12 students. We have these speakers back every year, not only because they cover different aspects of health and well being each time, but mostly because the speakers are incredibly talented at delivering these messages in an engaging and thoughtful way. The students love it.

Later that day Primary students were also lucky enough to have a visit and performance from Nga Manu Rokero. This was the story of a young person being guided through a challenging part of their life. While this was totally in Te Reo Maori, students were really engaged in the performance and enjoyed the opportunity.

While it was disappointing that the ski trip had to be cancelled, looking around we have some fairly tired bodies as the uncertainties we have all faced this year begin to take their toll. We sincerely hope that everyone from our community get a good break over the next two weeks and come back ready to face term 4.

And Term 4 looks full on. It begins with Pink Shirt Day and the Secondary Celebration Evening on the 15th of October, followed on by Pet Days on the 20th and 21st, and Group Day on the 30th. We are also still looking at possible Top Team date for this year, and once we have confirmation from Sports Tasman may be able to squeeze that in too.

Stay safe over the break and we look forward to seeing you all again in October. Nga mihi Mike Wilson Deputy Principal

School Contacts

Rai Valley Area School 6700 SH6, RD 2 Rai Valley Marlborough 7192

Telephone: (03) 571 6016 Facsimile: (03) 571 6336 Email office: <u>office@rai.school.nz</u> Web address: <u>www.rai.school.nz</u>

Principal: Maree Furness

Deputy Principal: Mike Wilson

Primary Leader: Karen Davies

Secondary Leader: Siobhan Skinner

Executive Officer: Heather Richardson

Receptionist: Pauline Agnew

If you have questions, concerns or compliments please let us know - we value your feedback.

Please note that all up to date information on events etc. is available on our school app and on our website.



TERM 3 – EVENTS Calendar

End of Term 3	Friday 25 th September
Beginning of Term 4	Monday 12 th October

Kids Edible Garden WANTED:

Any old gardening tools, shovels, forks, hoes, trowels that are no longer needed in your own garden, we would really appreciate them for the students to use in the KEG garden. Please contact Renee or Haley at school. We would also be interested in any surplus packets of seeds or seed trays.

School Grounds Closed over the Holidays

Due to spraying the school grounds will be closed over the holiday break. Please do not enter the grounds or let children play at the school. If you need urgent access please contact <u>michael.wilson@rai.school.nz</u>

Pet Day 2020

Spring is definitely upon us and so is Pet Day season. Below are some reminders for our event in Term 4.

Key Dates for 2020

Tuesday 20th October Wednesday, 21st October Friday 30th October RVAS Indoor exhibits RVAS Outdoor activities Group Day at Rai Valley



COVID 19

Both Pet Day and Group Day will go ahead as long as we are at Level 1. At level 1 we encourage hand washing, coughing and sneezing into elbows and staying home if you are unwell.

Calling Animal Entries!

Currently I have just 17 entries for the whole school! A reminder that this year the entry form can be found on the school website, under information and then "Pet Day". Look for the "Animal Entry Form". It is very easy to fill out.

If you do still need a paper entry form, these can be picked up from Pauline in the office.

Pet Diaries

Please ask your young people if they have collected their Pet Diaries and begun filling them out. These are also available on our school website, or you can pick up paper copies from Pauline at reception.

Volunteers

As always, we'd love a hand. If you can help with Group Day or our Pet Day please get in touch with me-michael.wilson@rai.school.nz

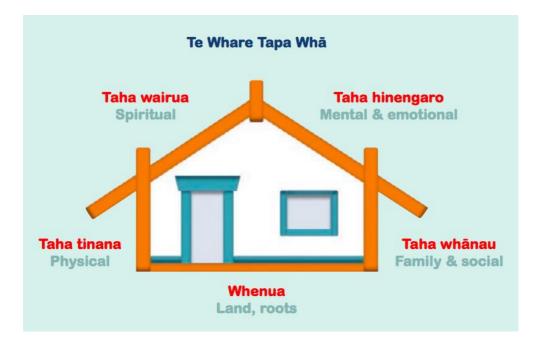
Learning Support News

This is Mental Health Awareness Week. With the holidays about to start, it's a good time to remember to take care of ourselves and our whānau.

We all have mental health (just like we all have physical health) and there are easy things we can do to look after it e.g. being with friends, being active, being kind, learning new things, and having people to talk to and laugh with.

Many things contribute to our wellbeing. The World Health Foundation definition of 'wellbeing' is – Feeling Good and Functioning Well. When we 'check in' with ourselves and others, we can ask: Am I feeling okay and able to do the things I need to? If the answer is 'yes', our wellbeing is kappa! Only then are we ready for learning.

We can understand our wellbeing in terms of the balance between different parts of our lives. Te Whare Tapa Whā (the house with 4 sides) is a model of health that helps us to identify where we need extra support. Connection with the whenua (land) forms the foundation.



Our whare shows all the areas that contribute to our wellbeing, including our:

- Taha tinana physical health.
- Taha whānau family and social health.
- Taha wairua spiritual health, defined by the Mental Health Foundation as our "beliefs, values, traditions and practices that support self-awareness & identity".
- Taha hinengaro mental and emotional health.
- Whenua our connection to the land, our place and our roots.

Taking care of your physical health is important, but to live well, you also need to pay attention to your mental health, spirituality and the strength of your whānau. The health of the environment around us is also an important part of identity and sense of self for many.

For each of us, there are different things we can do to nurture and strengthen the walls of Te Whare Tapa Whā and keep us well. There are events and situations that may impact one wall of our whare that we cannot control. At these times you can draw on the foundations and other walls until you are able to strengthen that wall again. Use these holidays to strengthen your and your children's whare so they return to school ready for learning.

Debby Upsall Learning Support Coordinator

Daffodil Day 2020

The Student Council organized a fun day for this year's Daffodil Day. Large numbers dressed in yellow or if they didn't have yellow, neon and contributed to raising \$170.90 which ANZ have promised to match.

There were also colouring and dress up competitions. Congratulations to the following students for their efforts:

Dress up Competition:

Secondary

1st - Brooke Swan and Zoe Hug 2nd - Zoe Jope 3rd - Brooke Dearman

Primary

1st - Kayla Gardiner 2nd - Jackson Jenner 3rd - Lincoln and Leyland Fisher

Colouring Competition

Years 7-10 1st – Kayden Knight 2nd – Mrs Stuart 3rd – Aria Shallcrass

Years 1-6 1^{st} - Catherine Partridge 2^{nd} - Harriet Leov 3^{rd} - Gareth Woodley















BOOK FAIR

As a Primary Team we would like to thank Renee for her mammoth efforts in running yet another successful book fair for two weeks. It is great to see so many students excited about reading and discovering new texts.

Thank you to all those who were able to support this event.



On Friday 11th September we held a clean-up event as part of our contribution to Keep New Zealand Beautiful Clean Up Week. Thank you to whanau who were able to volunteer some time to help with this.

It was great to see all students fully involved in RESPECTING their environment. Together we ACHIEVED a lot. Let's hope we have INSPIRED others to look after our Rai Valley School and surrounds too.

It was pleasing to find the school, main road and nearby rest area tidier than in previous years. As a result we collected and dumped less rubbish.

NGA MANU ROREKA

On Tuesday we were fortunate enough to have visitors perform Nga Manu Roreka, a story originally written by award-winning storyteller Apirana Taylor and translated into Te Reo Maori by Materoa Haenga.

Students were entertained by a talented performing arts team who brought to life the charismatic characters:



Many thanks to Karen for organising this event. It was a fun and timely lead-in to our own performance on Tuesday night.

Primary Production Night



Thank you to all the students and teachers who helped make Tuesday night's performance an outstanding event for the Rai Valley School and Community.

This part of our school curriculum that encourages students to step-out of their comfort zone, to shine when we don't know they can, is an area that I delight to work in. I was so proud of them and everything that we achieved together.

Thank you again to everyone.

Karen Davies Head of Primary.

<u>Room 15</u>

Flame and The Chubster

So here I am. I defeated The Chubster, my arch-nemesis, who is really weak and very easy to defeat. When he goes to jail he just eats the cops and leaves. I should probably back up....

So this has been going on for a while now. I fight him and win. He goes to jail and eats the cops, repeat cycle. Let me tell you it gets boring really fast.

I should probably tell you about myself. I'm a snake (if you didn't know) and my parents were killed by hunters. I did have a brother but I don't know what happened to him, but I think he was killed too. I was only about two when this happened.

I didn't know I could breathe fire until I was 10. So before that I kind of stayed in the shadows. People don't like snakes so there was no use coming out. Until I found out I could breathe fire then I realised I could use my powers to protect other snakes from other animals and hunters.

Then I met The Chubster and when I did I actually felt like a superhero. A lousy one, but a superhero.

The cycle has been going on for 3 years so I decided to do something about it. I said to him "Look I'm a bit sick of this cycle going on forever. I say we end it. If I win this fight, you have to go and never come back and if you win. I will go and never come back. Agreed?".

He took a while to answer but eventually he said "Alright, but I am only saying yes because I know I will win." I just rolled my eyes. Does he really think he is going to win? I can tell you this he won't. All I said back was "Here at 7:00, OK?" He agreed.

I did not use the time I had to prepare. I just wanted to do nothing for a little bit. I was a little nervous but I knew I would win. I was just sitting down doing nothing when I realised it was 6:50. I raced out because it was 10 minutes away, also I didn't want him to think I would not show up and that I was a coward because I AM NOT A COWARD. So I raced over there and got there with two minutes to spare.

When he finally got there I was ready to fight. I knew all I had to do was blast him with fire then I would win. Then I saw someone following him. He looked like me but blue? I was really confused. Then The Chubster said smugly "This is Frostbite your long lost twin". I was in shock. My twin? I thought he had died. "Huh? I thought he was killed by hunters." I said.

"Well obviously he didn't, dumbo" he said back.

I did not want to fight my brother. Before I knew it though Frostbite was coming my way. I didn't know what to do. I panicked. I turned around so he ran into my back. "Ahhh" I said as he hit me. "Why are you doing this? We are brothers. We share the same blood."

He didn't answer, I think he had been hypnotized. All I did was block him but I didn't hurt him. I needed to snap him out of it, but how? I thought maybe I could talk about mum and dad. "Do you remember mum and dad? They would be really upset seeing you like this. Please snap out of it." I said, kind of worried. No reply. Now I was really worried. I thought maybe The Chubster could turn him back.

So I went up to The Chubster and said, "Tell me how to turn my brother back!". "I am totally not going to tell you. I totally don't just have to say 'You are no longer hypnotized" the Chubster said smugly. I was shocked! He had just unhypnotized Frostbite! He is so dumb! Frostbite suddenly snapped out of it. "Huh? Where am I? Who are you?" he said.

"Wait, you're the one who hypnotized me!" Frostbite said, really angry. "Hi, by the way I'm your twin Flame. We need to defeat The Chubster!" I said kind of rushing. "Who is 'The Chubster'?" Frostbite said.

"The guy who hypnotized you!" I said a little frustrated.

"Oh..... Well let's do this!" Frostbite replied. The Chubster was silent. He tried to run away but he has really short legs so he was really easy to catch.

I got him and blew fire on him, then Frostbite froze him. He wasn't going anywhere. We won. We took him to the volcano and pushed him in, he landed on a ledge. We left. Ever since we have been living together. It's been great catching up. Now there is no crime and since we defeated The Chubster and people have started liking snakes!

Written By: Sami Edited By: Samara

The Wolf and the Pigs

Once upon a time a wolf went to play with the three little pigs but the little pigs went to their friends house and said, 'The big bad wolf is being mean'.

But the wolf just wanted to play with the three little pigs.

He wanted to ask the three little pigs if they would like to play a match of soccer or tag and they said "Yes we will play with you'

So the wolf and the pigs played tag and two matches of soccer. Their mums said, "Time to come home".

The wolf and the pigs went home.

The wolf said "See you tomorrow"

The pigs went home and asked their mum "Can the wolf come over for a sleepover tomorrow. Their mum said "Yes, the wolf can come over". So their mum put the bonfire pit out. The next morning they had a bonfire and they had sausages and marshmallows with sausage rolls.

By Gareth Woodley.

Secondary News

NCEA Exams 2020

As we approach Term 4 and the external exams, staff are working with students individually to help them balance their work loads. Most students will be gathering credits from internal exams, so that they are not relying heavily on marks from external exams. This takes pressure off students.

It may very well be the case that students do the learning in some standards, but chose not to sit the external exams. They are very good at monitoring their progress and making sensible decisions about which exams they chose to sit. Please do not be concerned if they chose not to sit an exam(s), they will have discussed this with teachers and you. If you have any concerns though, please do not hesitate to contact teachers.

In what has been an extraordinary year, we are particularly mindful that the wellbeing of our young people is our top priority (academic success comes when wellbeing is good).

Your ongoing support is hugely appreciated.

NCEA Open Evening - Thursday 6.30pm - 7.30pm (Week 1, Term 4)

We're hugely looking forward to seeing our Secondary community at this event next term. The evening provides a great opportunity to find out what your young people are doing at school and to celebrate both them and their learning.

If we continue to stay at COVID Level 1, I'd also like to extend the invitation to families of Year 7 & 8 students.

MCAT Algebra 2020

A huge congratulations to all Year 11 students who worked to the very best of their ability in Algebra this year. I am very proud of you all. This exam is not for the faint hearted and you guys have worked like ninjas.



Through this standard, students report learning:

- Becoming more comfortable making mistakes and taking risks
- Playing in Maths
- Overcoming anxiety
- How to manage stress
- Understanding how slow breathing helps calm your brain so you can think
- To be able to use lots of different strategies
- Numbers and words don't go well together!

A huge thanks to parents who have been supporting students at home, especially around helping them find the space and time to study, and offering rewards such as doughnuts, chocolate and ice-cream.





Here we are celebrating the day after the exam with a NZ World First, an MCAT 2020 cake. Thanks Electra, best cake ever.



Zombie Invasion

Zombies have recently developed a new weapon, a nerve gas that prevents victims from running away. Following a recent invasion by zombies in the South Island, Y9 & 10 students have been investigating other ways to escape from zombies.

They have been investigating such movements as: rolling; cycling; doing wheelies; sideways running; cartwheeling; jumping; climbing a tree (can zombies climb?) and sacrificing a member of the group so that others can escape (hmm).

Our research is going to be very useful as we are expecting a wave of zombies to invade sometime this week. Which teams will outsmart the zombies????







<u>Whenua Iti Outdoors</u>

- Uniformed Services Course 2020 Congratulations to Emma Renner for completing the Uniformed Services Course 2020 at Whenua Iti Outdoor Education Centre. Four 4-day block Courses were held covering: Police, Paramedic, Fire Brigade and Civil Defence. Emma thoroughly enjoyed it and found it was a great experience.

She also loved meeting new people.

Siobhan Skinner

Head of Secondary



Kids Edible Garden

Thank you to everyone who has supported KEG with their kind donations of seeds, tools and seedling trays



We are sending out information about a Seed Fundraiser so we can set up some sort of watering system for the summer and buy supplies to continue to make our garden awesome, so keep an eye out for that. We recently purchased some Blueberries, some herbs and some seedlings to get us started with the growing season. We are hoping to be selling some seedlings of all sorts of things at Pet Day but we will see how our timing goes. Again thank you for your support the students love helping in the Kids Edible Garden, they have spent winter munching out on Miner's Lettuce



Thank you from Renee Jope, Haley Kiddey and the Year 0-4 Students

SCHOLASTIC BOOK FAIR 2020



Thank you to everyone who has supported this event. We managed to get \$300 of books for the library for free.

Thanks to all the students who came dressed from the Jungle on Thursday



LIBRARIAN/ TEACHER AIDE /K.E.G FACILITATOR RENEE JOPE





A wealth of knowledge, equipment, and experience.

- SUB DIVISIONS
- LAND CLEARING
- CONTOURING
- ROADING
- MULCHING
- DAMS
- Russell 027 5432 016
- TS14 SCRAPERS
- DIGGERS 2.5Tto30T
- TRACTORS
- TIPPING TRAILERS
- SOWING
- CULTIVATING
- AIR SEEDER





<u>Playgroup – at Rai Valley Area School</u>

Welcome to come along and join in with the activities. Ages 5 and under. Held in Room 14 on school grounds. Tea and coffee provided. Bring a kids lunchbox and sunhat. Monday, Tuesday, Thursday at 9.00am to 12.00 noon. Facebook Rai Valley Playgroup.

For further information please contact Kelsey Knight 03 5716353; Vicky Thompson 03 5716 212.

ART DAY FOR CHILDREN (ages 7 – 12yrs)

If your child loves drawing and painting they'll love this one-day workshop with artist Eion Bryant. With stepby-step instruction children will draw then create a vibrant acrylic painting learning tips and techniques along the way. Fun and focused!

VENUE: Redwoodtown Community Centre, Monday 26th October, 10.00am - 3.00pm.

Cost \$55

BOOKINGS: eion@eionbryant.com, Ph. 0211327033 or 0210606641

Marlborough Museum, Brayshaw Heritage Park, 26 Arthur Baker Place, Blenheim:

Tuatara Tuesday Tour of the Stables in Beavertown Calligraphy for Kids Tour by Torchlight Hidden Secrets Buried in the Archives

For more information, contact: Phone 03 578 1712, info@marlboroughmuseum.org.nz

www.marlboroughmuseum.org.nz



Pelorus Area Health Trust

Donations and Grants

At the recent AGM, PAHT gave out over \$8000 in donations and grants to local community groups. Organisations in the Pelorus area who support the health and well-being of our community were given donations to help them with their important work. A Health Education Grant was also awarded to Jack Bowes-Clerke to help him with his dream to become a country GP in our remote area.

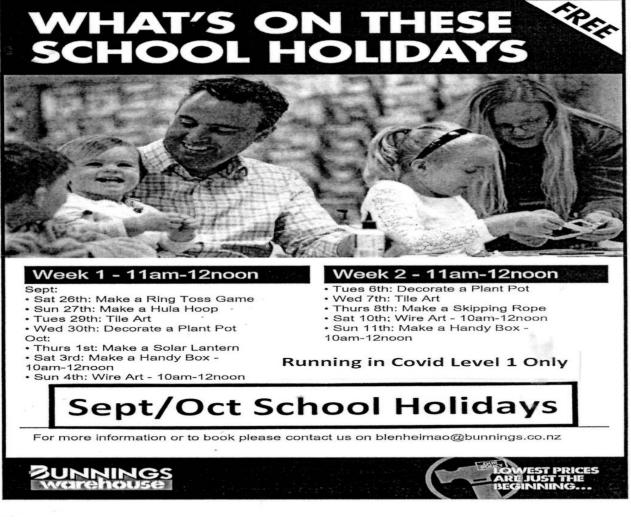
There were some interesting displays from these health organisations, including Jo Douglas from St John's Havelock demonstrating the bone drill used to administer drugs into unconscious patients. Luckily she had a model bone, so none of us needed to volunteer for the demo.



Mobility Aids Loans

PAHT has had a sort out and re vamp of its medical aids. We have purchased a new wheel chair and blood pressure monitor; as well as servicing and repairing everything from toilet seats to walkers. If you need a medical or mobility aid to help with your recuperation, please call into the Charity Shop to sign one out. These are free to use- though we do accept koha on return.

> www.PelorusAreaHealthTrust.co.nz https://www.facebook.com/CharitableTrustHealth



MOI (Ministry of Inspiration) Holiday Programmes

Holiday Programmes

Don't forget to sign up for the really fun, highly engaging MOI Holiday Workshops! All workshops are from 9 am to 3 pm and occur at Garin College. The workshops are led by senior students from Nelson College, Garin College, and Nayland College. <u>https://www.eventbrite.com/e/holiday-programmes-septoct-tickets-117727073847</u>

Harry Potter Mon or Tues 28 or 29 Sept: Come along and be magically taken away with the science of Harry Potter-make a wand, build creatures, do magical experiments. Muggles welcome. Ages 6-13

Rocketry-Tues 29 Sept: Come join Mike Rayson and build engine powered rockets, weather permitting they will fly on the day. Rain/Wind day TBA. Ages 10-13

Cooking, days of WED-FRI Sept 30-2 Oct: Learn how to make a variety of delicious meals and the science behind cooking them! Ages 6-13

Art and Engineering, WED-FRI Sept 30-2 Oct: Theme is Art in Nature, Nature in Art. Come along to learn engineering as well as test your creativity skills. This workshop is always a HUGE hit! Ages 6-13

Abel Tasman Sea Shuttle - School Holiday Special

Kids travel free Phone 0800 732 748

Marlborough Youth Trust

For information regarding events: Phone 03 579 3143: events@myt.org.nz or info@myt.org.nz





Picton Historical Society and Museum

London Quay, Picton Waterfront

SCHOOL HOLIDAY OFFER FREE ENTRY FOR ALL CHILDREN – ACCOMPANIED BY AN ADULT

THE MUSEUM IS OPEN from 11am to 3pm





ELECTIONS 2020 IMPORTANT DATE CHANGE



ADVANCED VOTING SATURDAY 10th OCTOBER 10am-4pm

ELECTION DAY SATURDAY 17th OCTOBER 9am-7pm

At Rai Valley Area School & Community Library









Pelorus Rugby Football Club 2020

CELEBRATE YOUR JUNIOR U7 TEAM'S LAST GAME AT HOME & HAVE SOME FAMILY FUN AT OUR CLUB DAY!!

Saturday 26th September GAME STARTS 10am

Bouncy Castles, Lion's Sausage Sizzle, Coffee Cart





MAUD ISLAND 2020

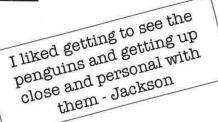
On Monday 7th September 8 students were lucky enough to stay the night on Maud Island. Maud Island is a predator-free scientific reserve which is a sanctuary for rare and endemic species in the Marlborough Sounds.

It was a fantastic trip with lots of new experiences and different highlights for each student.

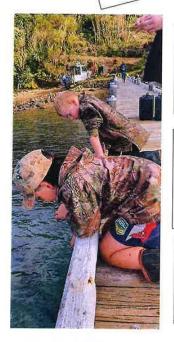


A special thankyou to Hannah Hickson for coming along to help on the Island and to Brownie from Havelock Water Taxis for going above and beyond for us.

Bonnie Nightingale



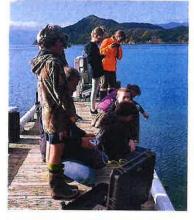




I liked holding the geckos because they were really call and kept crawling up and down your arms. They were really cool - Kaden

I liked holding the giant weta because you couldn't really feel it and it tried crawling around your side - Ayla

My favourite part was going on the night walk because we got to see the giant Weta -Bill









I liked going for a walk because we ran down some hills and it was a really big hill and we went up really high - Terra





I LIKED THE BUNKERS BECAUSE THEY WERE USED FOR BIG GUNS AND ARTILLERY - COOPER





My favourite part was the penguins, they looked really fluffy and its weird how they have A and B. - Bella



I líked the geckos and skínks becanse I have never held them before - Holly









Help us grow by beautifying your garden Fund Raising for Rai Valley Area Schools KIDS EDIBLE GARDEN

Here is a great opportunity to purchase seeds to show your support. Seeds are easy to sow, fun to grow and will reward you with gorgeous flowers year after year.

We have some great choices - why not try them all. Prices are less than normal retail and our organisation will make 40% profit on all sales. Growing information is included on each packet of seeds.

To order please return this form with your payment no later than Tuesday 20th October

Delivery will be END OF OCTOBER

All enquiries to Renee Jope 0277750083 renee@rai.school.nz. Thank you.

	Seed Order Form 2020	\bigcirc
Name:		5
Address:		.)
Ph:		*B

Seed Type	Price	Number	Total	E
Wildflower Bee Friendly Mix – 10 grams Plant wildflower seeds, the ultimate in colourful low maintenance gardening, in your garden to provide essential nutrition for bees and other pollinating insects. Covers 10m ² . Height: 20-60 cm	\$10.00			
Fragrant Garden – 7 grams A mix of fragrant flower seeds ideal for planter boxes around your outdoor relaxing areas. Packed full of colourful and heavenly scented wildflowers. Good for small gifts. Height: 40-50cm. Covers 7m ²	\$6.70			
Micro Greens – 10 grams 'Micro Greens" is a term used for vegetables that are harvested at small seedling stage. They are a nutritious and tasty addition to salads. They can be grown any time of year, even inside during the winter.	\$6.50			
My First Flower Garden – 7 grams This easy-care wildflower seed mix is great for the first-time gardener, loaded with low maintenance easy care varieties. It's so easy! The perfect children's mix. Covers 7m ²	\$6.70			
Pockets, Pathways and Planters – 7 grams Line a pathway or tuck them into nooks and crannies. Pour them into buckets, spill them out of boxes – overflow your garden with flowers, flowers and more flowers! Quick to germinate and flower - mostly pastel colours with bright blue and red highlights. Height 20-35 cm. Covers 7m ²	\$6.70			
Potful of Poppies – 7 grams A combination of different types of poppies that can be grown together to give an amazing colourful and easy to grow display. Three wildflower species have also been included to harmonise and blend. Height 40-80cm. Covers 7m ²	\$6.70			
Sweet Pea – Summer Rainbow Mix – 20 seeds A colourful and fragrant mix of climbing sweet peas. Plant against a fence or trellis. Height up to 2 metres.	\$4.40			
Sunflowers – 20 seeds Sunflowers are a great way to add colour to your garden, and they're easy to grow and care for.	\$4.40			
GR	AND TOTAL		\$	

Please make payments to:

Rai Valley Area School 12-3165-0348666-000 REF: KEG SEEDS







Distribution Order Form.docx