

Te Karere

Rai Valley Area School News



School Contacts

Rai Valley Area School
6700 SH6, RD 2 Rai Valley
Marlborough 7192

Telephone: (03) 571 6016
Facsimile: (03) 571 6336
Email office: office@rai.school.nz
Web address: www.rai.school.nz

Principal: Maree Furness

Deputy Principal:
Mike Wilson

Primary Leader:
Karen Davies

Secondary Leader:
Siobhan Skinner

Executive Officer:
Heather Richardson

Receptionist:
Pauline Agnew

**If you have questions,
concerns or compliments please let us
know - we value your feedback.**

Please note that all up to date
information on events etc. is
available on our school app and on
our website.



Wednesday 24th June 2020

Kia ora koutou

This is my last newsletter for the term. It has definitely been a very different term. I am sure that everyone is going to enjoy a holiday where you are not trying to juggle learning from home and all the limitations of lock-down. Teachers and students are both very tired and we are seeing much higher levels of emotionalism than we would normally expect. I don't think winter helps. At times like this, it is important that we all support each other as much as possible.

Teachers are finishing reports this week. Due to the interruption of COVID the format may be slightly different from our usual midyear report. I would encourage you to catch up with your child's teacher to discuss any concerns. End of term testing has shown some pleasing outcomes for learning during the COVID period in particular in reading and maths. Writing results are more varied, so this will become an important focus in the second half-year. The NCEA students have made some excellent progress during lock-down and have all earned a number of credits.

In Term 1 we had begun working on the "Keeping Ourselves Safe" programme. This is a police programme that has been delivered in the past at our school as well as a number of schools across the country.



Richard our Counsellor, Josh the Community Constable and Rebekah the Health Nurse have had a key role in the development for our school. This week Josh has worked with the Year 9 and 10 students, this was rescheduled from the end of March. Next Friday John Parsons from Netsafe is working with our Year 5 to 12 students around keeping safe online.

As we move into the heart of winter, we are seeing more illnesses and colds. Please if your child is unwell or has a cold please keep them at home so that other children can stay well.

To end on a positive note. Today we have the Playco team installing the last piece of equipment from last year's project. It is a wobbly see-saw that will be installed down near the sandpit. Unfortunately, it will be next term before it is ready to use. Today they have poured the concrete and next week will finish the installation.

Noho ora mai

Maree Furness
Tumuaki

TERM 2 – EVENTS Calendar

| | |
|-------------------------------|-----------------------|
| Thursday 2 nd July | Whole School Assembly |
| Friday 3 rd July | End of Term 2 |
| Monday 20 th July | Term 3 begins |

Playgroup – at Rai Valley Area School

Welcome to come along and join in with the activities.

Ages 5 and under.

Held in Room 14 on school grounds.

Tea and coffee provided. Bring a kids lunchbox and sunhat.


Monday, Tuesday, Thursday at 9.00am to 12.00 noon.

Facebook Rai Valley Playgroup.

For further information please contact Kelsey Knight 03 5716353; Vicky Thompson 03 5716 212.



A huge thank you to the Havelock Four Square for donating a carton of tissues to the School.
This generosity is very much appreciated.



THE RAI WAY CORNER

We continue to follow our school values of
Respect, Achieve and Inspire.

Our focus this week and at the beginning of next Term is to be responsible for our own learning. This is demonstrated in many ways and is important in helping the students achieve to the best of their abilities..

Well done to all the students who have received their first 100 rewards and certificates. Some students also spent their points in at the 'Rai Way Shop' and took home some great prizes.



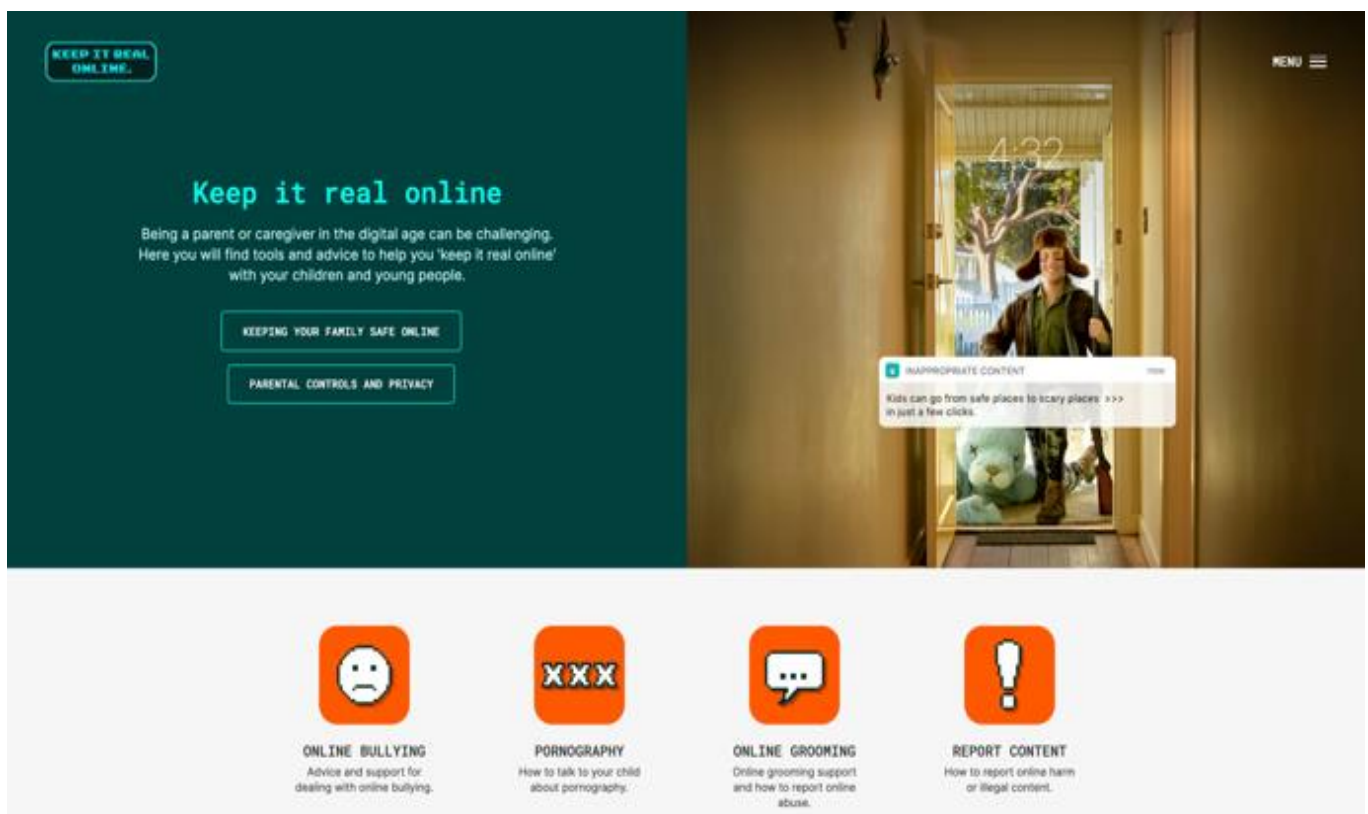
Secondary News

Keeping it Real Online Campaign

Online grooming, pornography, r-ratings, social media, online bullying. If you are feeling uncomfortable about any of those terms, you are not alone. If you've shied away from talking about any of these topics with your young people you are definitely not alone. As uncomfortable as some these topics may be, it is important to acknowledge that they are very much a part of our world and very much a part of our young people's lives.

Consequently, you may have noticed that the government has recently launched a new campaign around staying safe online. Called "keep it real online", the campaign is designed to draw parents and caregivers into these very issues in the hope they are well prepared to help their children navigate these choppy waters.

Alongside some pretty thought-provoking ads is an informative website <https://www.keepitrealone.govt.nz/> that contains some useful resources on these topics.



Looking at pornography alone, a 2018 study of young New Zealand males' experiences revealed that:

- 1 in 4 saw porn before age of 12.
- 71% had not been seeking it out when they first saw it.
- 1 in 10 became a regular viewer by age 14.

It would be erroneous to conclude that pornography is only an issue for young males, however. One of the most disturbing things about the use of pornography is that the majority of young people (73%) use it to educate themselves about sex.

Of course, it is not just the pornography that our children need to deal with as they move through adolescence. In 2018, 84% of New Zealanders identified as having experienced cyber bullying. On another front, in 2019, the UK recorded 4 373 online acts of sexualised communication with children.

If you are taking deep breaths about now, once again, you are not alone.

What can we do? We, like you, are concerned about the impact these things have on our students' well-being. That is why we are working on the following:

- In conjunction with NZ Police we are looking at adapting a Keeping Ourselves Safe Programme to suit our school.
- We have invited John Parsons back to our school to speak to our young people on the last Friday of the term. Some of you might have heard John speak, but for those that haven't heard of him, John is one of our most prominent authorities on internet safety for young people.
- We have now the services of a school nurse (Rebekah Blease) who is available to advise students on a range of health matters.
- We also have the services of our Guidance Counselor, Richard Wilkins, who is available to both students and parents on Tuesday and Thursdays.



What can you do? As parents and caregivers, one of the best things we can do is start talking to our young people about these topics. At the end of this article are a number of resources that can help with that.

According to John Parsons, one of the simplest things you can do that will have the biggest impact on our children's safety and wellbeing is to supervise their device use. Most importantly, this means removing their devices from their bedrooms. They won't thank you for that one now. But maybe when they have children of their own, they will.

Great places to start:

Keep It Real Online (a really useful starting point for all of these issues)
<https://www.keepitrealonline.govt.nz/>

Netsafe NZ (a fantastic resource for both parents and students)
<https://www.netsafe.org.nz/>

Keeping Ourselves Safe Programme
<https://www.police.govt.nz/advice-services/personal-and-community-safety/school-portal/resources/successful-relationships-0>

John Parsons
<https://www.citizen21.co.nz/>

Growing up with Porn (insights from young New Zealanders) – an excellent and informative publication from the NZ Classification Office
<https://www.classificationoffice.govt.nz/news/latest-news/growing-up-with-porn/>

Most of the statistics here were taken from a professional development seminar on pornography, young people and sexuality presented by Australian researcher Maree Crabbe in 2019.

Mike Wilson
Deputy Principal

Year 9 & 10 Poetry

Here are some of the poems students have been writing to add to their anthologies.

A Simile Poem

Sadness

Sadness is like pain.
Each tear is like a new story.
Some can be as dark as night.
But some can be as beautiful as a flower.
Every darkness has a brighter side.

By Olivia Johnson

A Personification Poem

He sits in the back of the shed waiting for an eager little kid to take for a ride.
His small eyes light up when the shed doors slide open
And fade when they shut again.
His long neck bent from riding down the big hill at top speed.
He dreams of those days while he sleeps.
Rust grows over his broken rubber hands as the long years' dance by.
Rats scuttle over his worn back as they chatter happily to each other.
He waits
He waits
He waits to love again

By Eden Moss

My Lonely Scooter

It sits in the garden shed, covered in spider webs
All sad and cold, broken and old
Green and black with stickers intact
Grips on the handle bars, all duck taped up
With a tennis ball on its wheels, so it doesn't squeal
Trapped like a broken arm in a cast, waiting for a kid to take it out for a blast

By Zoe Jope.

Shape Poem

Conflict

Destroys friendship and lives.
Through violence and death over their differences or their beliefs.
Unable to co-exist any longer.

All too often

Taking out all their anger on others

Just because someone was there, blaming them for your problems.
Even if you do defend people, it doesn't always put you in the 'right' as the line is blurred.
The only way you can really be "right" is not to stand by and watch these events,
Being in the grandstand watching people suffer, when you know you should help
To accept everyone's differences, opinion, how they look and carry out their lives.
Remember that while being kind is harder than being mean, rude, or abusive.
It takes much more strength to be kind, and shows that you are strong.

By Fraser Hill

Information Week at NMIT

Monday 29 June - Thursday 2 July

3.30pm - 6pm

NMIT, Nelson campus,
main entrance off Hardy Street

Whether you're leaving high school, considering a return to tertiary study, or looking to upskill, come along to the NMIT Information Week to explore your study options.

| Monday 29 June | Tuesday 30 June | Wednesday 1 July | Thursday 2 July |
|--|---|--|--|
| <ul style="list-style-type: none">> Creative Industries> IT and Computing> Applied Business | <ul style="list-style-type: none">> Adventure Tourism> Viticulture and Winemaking> Aquaculture> Horticulture> Conservation> Maritime | <ul style="list-style-type: none">> Social Sciences> Nursing> Fitness> Mātauranga Māori> Tertiary Preparation | <ul style="list-style-type: none">> Engineering and Trades> Aviation> Tourism and Hospitality> Beauty Therapy> Hairdressing |

0800 422 733

Learn more at nmit.ac.nz/info-week

nmit
Nelson Marlborough Institute of Technology
Te Kōwhiri Wharekura o Te Tai Pōti o Te Wānanga o Māori

Apply for a scholarship

\$25,000 worth of scholarships are available for study starting in July.*

Scholarships are a great way to help reduce your study costs.

NMIT is proud to offer a range of scholarships for July 2020 intake.

Semester 2 scholarships

\$1,000 scholarship towards annual course fees for NMIT programmes commencing in July 2020.

Professional Development scholarships

Up to \$500 reduction to programme or course fees.

Online study scholarships

\$1,000 towards equipment to assist and enable a student to study online.

For full scholarship details and the online application form visit
nmit.ac.nz/scholarships

nmit
Nelson Marlborough Institute of Technology
Te Whare Wānanga o Te Tai Ihū o Te Waka o Aotū

*Visit nmit.ac.nz/scholarships for full terms and conditions.

A couple weeks ago the Year 9 & 10's got creative during Enviro and made grass heads. We used three different types of stuffing: cotton balls, sphagnum moss and seedling mix to see what would happen. We created personalities for our little creatures and have been tracking the grass growth each Thursday on graphs to practise our geography skills.

Our predictions:

The cotton ball stuffing grass will grow but then die because they run out of food from the seed. We think the seedling mix will be the best at growing grass but wonder if the sphagnum moss will have the only surviving grass after the holidays because it holds moisture much better.



The creatures are by Anton (Frank), Zoe H (Pengi), Bryce (Pig Wig) and Brooke S (Pete)

Primary School News

From Room 3

On the 17th of June, it was confirmed by the Ministry of Health that two sisters had Covid-19. They were in their 30s-40s. While they were driving to Wellington from Auckland they got lost on the motorway. The friend who provided them with the car was in contact with them for about five minutes.

The sisters had left the quarantine facility to go to Wellington for their parent's funeral.

The funeral was on Tuesday last week. There were around 150 people at the burial who were accompanied by a health official. While at the funeral they gave a kiss and a cuddle to people who had close contact with them.

The two women were given an exemption on day six of quarantine. They were meant to have been tested on day three but then left for Wellington on day six.

Jacinda Ardern has now allowed no more exemptions because of the possible danger to the citizens of New Zealand.

Ella and Ayla

[RNZ.co.nz

Stuff.co.nz]



Hawk-Eye is a software system used in several sports such as cricket, tennis, football, badminton, hurling, rugby and volleyball, to visually track the course of the ball and display its most likely path as a moving image.

Hawk-Eye uses six-ten computer-linked television cameras spread out all around the court. The computer reads in the video real-time and traces the tennis balls every move on all the cameras. Then all these different views are all combined together to create an accurate 3D representation of the ball's path.

Hawk-Eye is not perfect, but is accurate within 3.6 millimetres and is generally trusted as an impartial second opinion in sports.

Hawk-Eye was first used as television coverage of sporting events such as cricket and has now reached the level of being used by officials in tennis to help in deciding close line calls.

Hawk-Eye was invented by Paul Hawkins and David Sherry. It was developed by engineers at Roke Manor Research LTD in Romsey, England in 2001. The new system was first used during a test match between Pakistan and England at Lord's Cricket Ground on 21 of April 2001.

Stella & Weston

Dogs Sniff Out Covid-19

More than 10 years of research gathered by Medical Detection Dogs has shown that dogs can be trained to sniff out the odour of disease at the equivalent dilution of one teaspoon of sugar in an Olympic sized swimming pool. Dr Claire Guest, the charity's co-founder and chief executive officer said she was "sure our dogs will be able to find the odour of Covid-19". If that proves to be the case, the dogs will then move into a "second phase to test them in live situations, following which we hope to work with other agencies to train more dogs for deployment" she said.

Sniffer dogs will be trained to detect asymptomatic coronavirus carriers under a UK government initiative that could lead to 250 people being screened every hour.

The Belgian Malinois shepherds were explosive detection and colon detection dogs.

He shared that the scientists used armpit odour samples since sweat contains a strong chemical signal indicating a possible pathogen in the body.

The dogs are trained to smell all sorts of diseases like Malaria, Cancer and Parkinson's. They are possibly able to sniff out Covid-19 as well. All the diseases have their own unique smell that the dogs can detect.

Katie, Mickayla and Hamish

Toot, Toot, Quack, Quack, Goes Da Bee!

A scientist has been studying the behaviour of Queen bees and the sound they make has been described as tooting and quacking or honking sounds. It sounds like a duck or alarm. It is a bee culture to toot and quack when choosing a queen.

Some people think bees just go buzz but they also go toot and quack and it is an unusual noise. They toot and quack when appointing a new queen.

Queen bees can live up to five years and are the only bee that can lay eggs. In summer the queen bees are the busiest out of all bees. During the summer months, the queen bee will lay up to 2,500 eggs a day. In total, a queen bee could lay 232,500 eggs.

Bees can make a variety of noises when scared. Worker bees also make a noise when they bump into each other.

The toot is to warn the worker bees that another queen is going to take over. The quack is to let them know they are ready to take over after the tooter leaves.

Lily and Neco



New families can enrol online using this link.

[Child-enrolment-Oral-Health-Marlborough](#)

Oral Health Educator: Heidi Owers, Marlborough Ph: 03 928 4208 Mobile: 027 405 1463

Email: Heidi.Owers@nmdhb.govt.nz

Your Community News

Junior Table Tennis

The Marlborough Table Tennis Association is again running junior table tennis with the new start date of Tuesday 21st July 2020, which will run during Term 3.

4pm – 5pm Beginners and developing players. 5pm - Two player teams competition, any gender, A and B grades. Blenheim Indoor sports centre 50 Battys Road.

To register phone Debbie , 0211632140, 5786822, or e-mail deb_e_j@hotmail.com

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Russell 027 5432 016



Nathan Wallis

This talk explores the inherent ability in everyone's brain to be able to change the 'wiring' of their brain and thereby improve their level of happiness, well-being and overall quality of life.

Nathan's message is that we are not subject to the biology dictated by the brain, but rather, it's actually an interactive process – the biology of the brain is also dictated by our thoughts and actions. Or alternatively, our brains are voice activated and we are far more in control of our brains than we realise.

With a profound reputation as a lively and engaging speaker, Nathan uses humour and plain language to condense twenty-five years of neuroscience research into his unique 'tell you how it is' style. You'll be absolutely captivated and walk away jam-packed with more than a few "ah-ha" moments.

Don't miss out on this opportunity to hear Nathan Wallis speak.



Change your Brain, Change your Life!

Neuroplasticity and the brain's power to improve your life and that of your child's.

Marlborough Girls' College - Blenheim
Mon 20 July 2020 - 7:15pm - 9:00pm
Tickets at eventfinda.co.nz



@nathanwallis



@nathanwallisxfactordesign



VOTE NZ

An official site of the
New Zealand Electoral Commission



ELECTORAL
COMMISSION
TE KAITIAKI TAKE KŌWHIRI

ELECTIONS

Want to work at the 2020 General Election?

Across the country we need over 20,000 staff to work for us, both on the day and in the weeks before and after at headquarters. We want to ensure that we have paid staff that represent our communities.

We would like to encourage people in your community to register their interest in working for us here: <https://elections.nz/jobs/work-at-the-2020-general-election/>

Once registered you will be advised via email of vacancies as they come up. Thank you.

ENROL NOW

Enrol, check or update

Also, please remind whanau and friends to check their enrolment details – which can be done here: <https://enrol.vote.nz/app/enrol/#/check-online>, and of course to vote on (or before) Saturday 19 September!

Enrolling before the day will help us with Social distancing.



Pelorus Area Health Trust

With the move to Level 1 and things getting back to normal, **Havelock Medical Centre** is back to normal hours again too.

It is business as usual with doctors available for appointments on Mondays and Thursdays. Patients may still need to be screened on arrival, and some may be required to wear a mask if they have any cold or flu type systems.

Havelock Charity Shop

We are now accepting donated goods again at the new-look small shop. We would particularly like to receive:

- ☐ Winter clothing- especially men's clothing
- ☐ Garden tools
- ☐ Plants and seedlings- for our new garden centre out the back

Unfortunately, we can no longer accept furniture, LPs/records, or large paintings



Please call the shop on 028 428 6071 before bringing in any donated goods

www.PelorusAreaHealthTrust.co.nz

<https://www.facebook.com/CharitableTrustHealth>

Ministry of Inspiration - JULY HOLIDAY WORKSHOPS!

Don't forget to sign up for the really fun, highly engaging MOI JULY Workshops! All workshops are from 9 am to 3 pm and occur at Garin College. The workshops are led by senior students from Nelson College, Garin College, and Nayland College.

Cooking, days of 8-10 July: Learn how to make a variety of delicious meals and the science behind cooking them! Ages 6-13 <https://www.eventbrite.com/e/steams-cooking-july-2020-tickets-99298929772>

Art and Engineering, days of 8-10 July: Finer details of this workshop are still to be announced. Come along to learn engineering as well as test your creativity skills. This workshop is always a HUGE hit! Ages 6-13 <https://www.eventbrite.com/e/art-and-engineering-july-tickets-100196709054>

Magic the Gathering, days of 8-10 July: Ages 10+ This workshop is a fun filled THREE days of playing Magic the Gathering. All cards are included! For beginners and advanced players. <https://www.eventbrite.com/e/magic-the-gathering-tickets-109581493196>

In order for workshops to run, there must be 10+ participants.

Thank you,
MOI Team

www.parnwellmotorcycles.wixsite.com/mysite

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Email: parnwellmotorcycles@gmail.com

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Peter Brown Memorial 2020

@

Renwick, Blenheim

We are flag marshalling at the PBM for the Marlborough Motocross Club on the 18th and 19th July.

Please consider joining us as many hands make light work (and it's much more fun with a buddy!)

A letter will go out this week with further details.

Mrs Stuart